

## TENNIS ADULT PROGRAMS



	MON	TUES	WED	THUR	FRID	SAT
OPEN DRILL			9-10:30am 6:30-8pm			9-10:30am
NICK IN THE MORNING						10:30-12рм
NICK@ NIGHT		6-7:30рм 7:30-9рм		6-7:30рм		

**OPEN DRILL:** COMBINATION OF POINT BASED GAMES, SHOT SELECTION DRILLS, EXERCISE, AND TRASH TALKING AT ITS FINEST. SO FUN! 3.0-4.0 LEVEL (WEEKLY SIGN-UP THROUGH FRONT DESK OR APP) \*MEMBERS GET PRIORITY OVER NON-MEM

**NICK @ NIGHT:** DESIGNED FOR THE INTERMEDIATE PLAYER.

SKILL BUILDING THROUGH DRILLS AND GAME BASED PLAY. 2.5-3.5 LEVEL OF PLAY. (10-week sessions).

**NICK AT NIGHT/MORNING:** PERFECT FOR THE NEW OR LIMITED EXPERIENCED PLAYERS. LEVELS FROM 2.0-3.0 WELCOME. (10-WEEK SESSIONS)

FEES	TENNIS MEMBER	HEALTH MEMBER	Non-Member
OPEN DRILL	\$28	\$34	\$41
NICK 49 NIGHT	\$280/\$289*	\$340/\$351*	\$410/\$423*

\*DENOTES CASH- CHECK/CREDIT CARD FEE

OPEN DRILLS: SIGN UP VIA SPX PORTAL OR CALL THE FRONT DESK TENNIS LESSONS: SIGN UP BY CONTACTING ROKHSHA68@GMAIL.COM OR NSTROYNICK@GMAIL.COM

