



www.sportsplex-nw.com

Junior Tennis Program Policies

Dear Parent or Guardian,

The tennis staff at Sportsplex would like to take this time to welcome you into the Sportsplex Junior Tennis Program. Whether this is your first time taking tennis lessons or you are on your way to being the next US Open champion, we want you to love your experience with us.

The following information is to help you feel more comfortable with the “Sportsplex Tennis Experience”.

How long does a tennis session run?

From September through June, Sportsplex runs 10-week programs. You may sign your child up for multiple programs. June through August we offer 3 options. (1) One day per week for 7 weeks (2) Weekly tennis camp from 9-12 or (3) Full day tennis camp from 9-3pm. (see our summer brochure for more details. It is available for distribution and on our website on February 1st.)

What to wear?

Sneakers: Walking, tennis or cross training sneakers are fine. Soles must be non-marking. No running shoes, sandals, or big-heeled sneakers are allowed.

Boys: shorts with pockets big enough to hold tennis balls are preferred. No blue jeans, or dress pants. Tee shirts or collared shirts are permitted.

Girls: Please have hair pulled back out of face. Tennis attire such as tee shirt, tennis skirts, shorts, warm-up pants and tops are fine. No oversized shirts, long-sleeved shirts covering the hands, blue jeans, or dresses allowed.

What to drink?

We provide water on all the courts and students get drinks together in class. You may bring a bottle of water or sports drink onto the court. No glass bottles or cans allowed on the court.

What if I do not have a racket?

We will fit your child with the proper size racket the first day of class. Please do not go out and purchase one prior to class. We do provide loaner rackets at no charge for the first five weeks of the class. After five weeks, please speak with one of the pros to purchase one for very inexpensively from our tennis office.

What happens if I miss a class?

We offer classes on other days of the week. *Your child may make-up in a similar class if there is space available.* If all other classes are full, then make-ups are forfeited. All make-ups must be made up within the current ten week session. Please call Jane Savage to schedule a make-up.

What happens if I get injured and can't play tennis?

If your child gets injured and misses more than 3 classes in a row, then there will be a credit given to you for the following session. If they are not used then the credit is forfeited. Under 3 classes missed, the child will need to make-up classes in the current session. Parent must advise Assistant Tennis Director of injury through email.

What if the weather is really bad?

We have seven indoor courts from September through May, so we are playing indoors, however, if the weather is bad for driving and we cancel, then we will extend the class another week. If we decide to run class and you choose not to come, no make-ups will be given.

Weather Policy: Monday through Friday classes - call after 3pm to find out if class has been cancelled. Saturday and Sunday classes – call one hour before scheduled class time.

I am not a member of the club and I can't hit the ball well enough to play with someone else so what can I do to improve?

Hitting against a wall or garage, practicing your strokes, hitting with one of your parents at the park are all ways to get better. Ideally, practice once a week; take a lesson once a week and playing in our tri-level league would be best. Remember, it's impossible to get good at something doing it for one hour a week. Tennis demands more practice than most sports, so don't expect it to be easy.

I have been taking group lessons for a year or two and I can see other kids having better strokes than me. How can I improve my strokes?

Now might be a good time to take some individual lessons; we recommend a series of three. We can make further recommendations from there. Call Jane to schedule a lesson with one of our certified pros. Hitting lessons are also an option with one of our junior tennis pros.

What if I want to sign up for the next series of group lessons?

During the eight -week of every session, new flyers will be posted online for your viewing. The pros will talk to you about your child's progress and see if there needs to be a change in their schedule. Registration dates will be posted on the flyers for Sportsplex members and nonmembers and all this is available on our website at www.sportsplex-nw.com. Payment is required upon registration at the front desk.

Important Notice to Parents:

Parents are not allowed to roam around on the courts during programs unless invited by the teaching staff. Parents may sit on court 4 in the bubble or in the café during classes. Cheering is welcome, instruction is not. Parents with multiple kids must keep nonparticipating kids off the tennis courts during programs. Failure to do so will result in immediate dismissal of parent and child from courts.

If you have any questions, please do not hesitate to call. Please ask for Mark Savage or Jane Savage.

Sincerely,

Mark Savage
Tennis Director

Jane Savage
Assistant Tennis Director