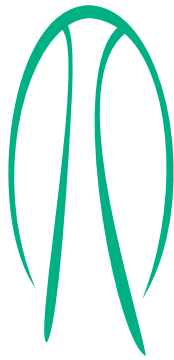


Tennis

Adult Programs Winter 2012



SPORTSPLEX

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Open Drill		9:30–11:00AM w/ Jason (2.5, 3.5)	6:30–8:00PM w/ Antonella (3.0, 3.5)		9:30–11:00AM w/ Antonella (2.5, 3.0)	9:30–11:00AM w/ Antonella (3.0, 3.5)	
Adult Learn to Play	7:00–8:30PM w/ Jason)		9:30–11:00AM w/ Antonella			9:30–11:00AM w/ Jason)	
Men's Singles Leagues			8:00–9:30PM (3.5 Level) *				
Women's Doubles Leagues	7:00–8:30PM (2.5 Level) *						
Just Try It	9:30-10:30AM 7:00–8:00PM Last monday of the month *						
Senior Class				9:30–11:00AM w/ Jason *			
Mens' Clinic Ball & Beers				8:00–9:30AM w/ Mark & Jason *			

Fees	Tennis Member	Non-Member	Tennis Member	Non-Member
Open Drill:	See Instructor for details.	N/A	Women's Singles League	\$88
Adult Learn to Play: (5 Weeks)	\$112.50	\$145	Adult Next Step (5 Week Session)	\$125
Men's League:	\$176	N/A	Senior Clinic	\$112.50
				\$145

* Check Board for Dates

Antonella Avena, **Adult Coordinator** USPTA 1
aavena@sportsplex-nw.com

Jason Stokes, USPTA 1
jstokes.ccs@gmail.com
315-317-4915

Adult Programs

Open Drills:

Open Drill is a combination of fun, exercise, repetition, and point play! Is also a great way to meet a variety of players. All the Open Drills are for Members only.

Adult Learn to play :

Is designed to introduce beginner players or players with limited experience into the game. Non-Members are welcome . Emphasis is on stroke development and basic strategy of singles and doubles play.

Just Try it :

The Just Try it is a Free Tennis Class for players that have been away from the game for awhile or a new player looking to try this game for a lifetime. The classes are offered at the end of every month and if you like to register please contact Antonella Avena, Adult Tennis Coordinator at 845-565-7600 or by e-mail at aavena@sportsplex-nw.com.

Adult Next Step :

After you have finished the *Adult Learn to Play*, step it up with this program. Emphasis is on fine-tuning your strokes and consistency in a full Drill & Play format.

Senior Clinic :

You want to have effortless strokes, which allows for maximum control and power with minimal effort. Young guys can stand on their head when they hit the ball, but bad mechanics really show up when you get older. Better strokes lead to better play and for seniors, fewer injuries. This is fun, educational 90 min clinic of how to enhance your game within your abilities.

Mens Thursday Night Clinic :

A mens clinic in which we get together weekly and work on a theme which is broken down and focused on thru drill and live play. A 90 min work thru detailed instruction and repetition will enhance your game. Please call to be added to the email list. Participants must be signed up the week before to take the clinic.



Visit us online at www.sportsplex-nw.com! Check us out on Facebook Sportsplex New Windsor NY.

Non Member Registration Form - Adult Tennis Programs - 2012

Name _____ Male Female

Address _____ City/State/Zip _____

Home Phone _____ Work Phone _____

E-mail Address _____ Cell Phone/Other _____

Credit Card Type _____ Card # _____ Exp date _____

I have read and am familiar with the terms and conditions contained in the waiver of liability listed below:

It is expressly agreed that all exercises and treatments and use of equipment and facilities of Sportsplex are and shall be undertaken at member's and member's minor children's sole risk, and that the member assumes the risk of any injuries he or she or the member's minor children may suffer while using any of the equipment or the facilities of Sportsplex, and that Sportsplex shall not be liable for any claims, demands, injuries, damages, actions, or causes of action whatsoever to the member, the member's minor children or property arising out of or connected with the use of any of the services, equipment and/or facilities of Sportsplex, or of the property or premises where same located, and the member does hereby expressly forever release and discharge Sportsplex from all such claims, demands, injuries, damages or causes of action from all acts of negligence, active or passive, and all other fault on the part of Sportsplex, its servants, agents or employees.

Members Signature _____